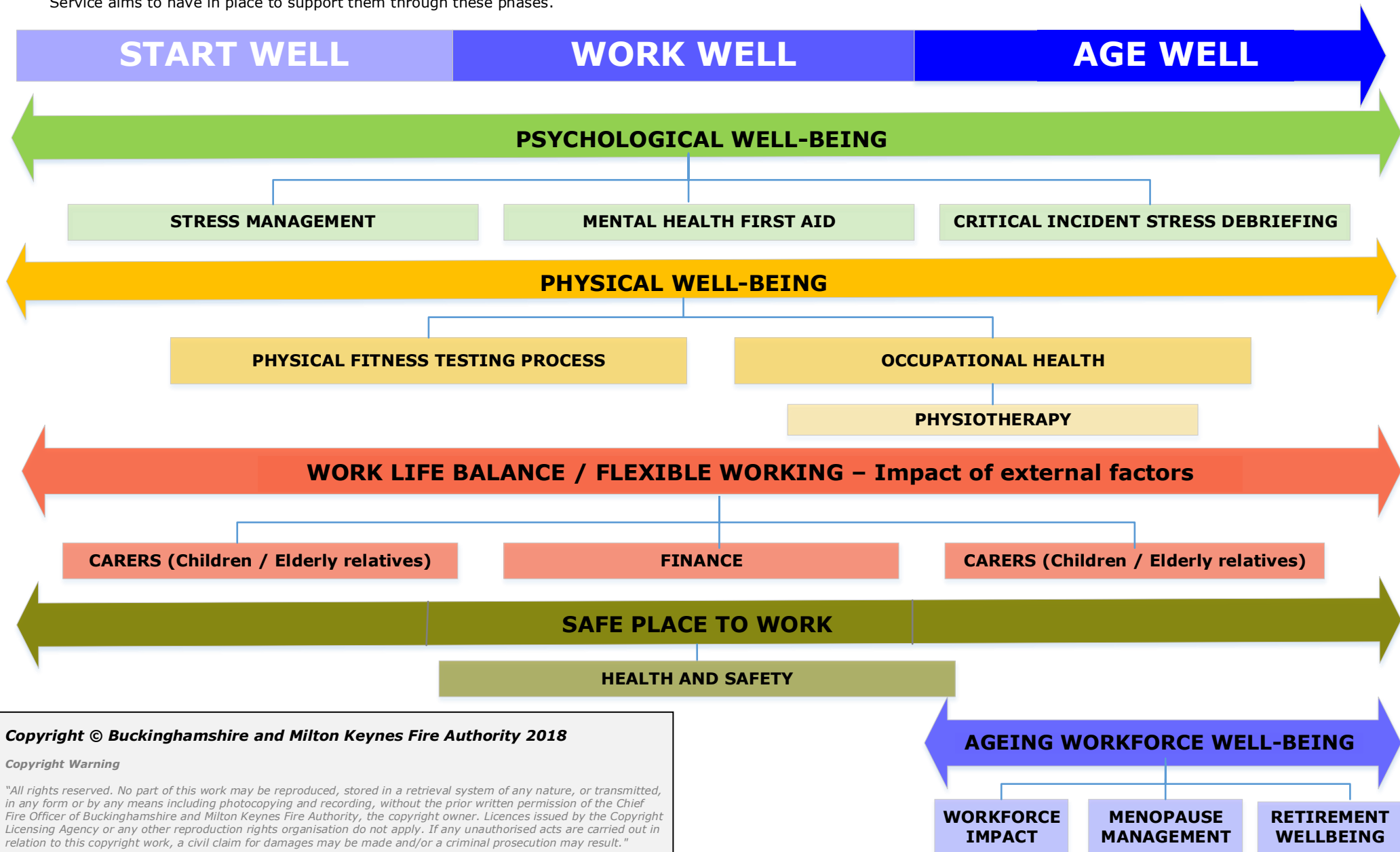


# WELL-BEING STRATEGY

The ethos behind the Well-being Strategy is "Start Well, Work Well, Age Well". It provides a holistic overview of the well-being needs of an employee from the moment their career commences with the Authority until it ends. It encompasses a number of stages an employee may encounter during their career.

Psychological well-being / Physical well-being / Work life balance / Flexible working / Safe place to work / Health and Safety / Ageing workforce well-being

The strategy acknowledges the different stressors and pressures that people may face at various stages of their working lives and gives an indication of the support arrangements the Service aims to have in place to support them through these phases.



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